

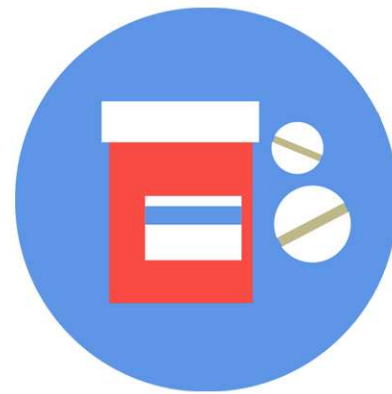
DRUG-FREE WORKPLACE



IS USING SUBSTANCES BAD?

SUBSTANCE MISUSE IS THE USE OF ILLEGAL DRUGS OR INAPPROPRIATE USE OF ALCOHOL AND PRESCRIPTION DRUGS TO EXCESS IN A SINGLE EVENT OR TOO FREQUENTLY AS WELL AS USING MEDICATION IN ANY WAY NOT PRESCRIBED.¹

SUBSTANCE USE DISORDERS IS A BRAIN DISEASE BECAUSE THE DRUGS CAN CAUSE LONG-LASTING CHANGES TO THE WAY THE BRAIN FUNCTIONS.²



WHY FOCUS AT THE WORKPLACE?

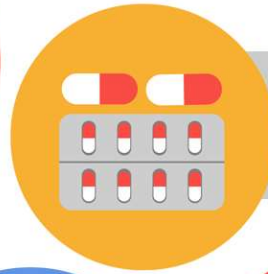
WORKPLACES ARE A KEY SETTING TO REACH BOTH EMPLOYEES AND THEIR FAMILIES. WORKPLACE PREVENTION EFFORTS REACH A SIGNIFICANT AMOUNT OF PEOPLE THROUGH THE EMPLOYEE'S FAMILIES, SO SUPPORTING BUSINESSES WITH RESOURCES IMPROVE OVERALL COMMUNITY CARE.

IT'S ESTIMATED \$20 BILLION IS LOST IN WORKPLACE PRODUCTIVITY DUE TO SUBSTANCE MISUSE, \$26 BILLION IS SPENT TOWARDS HEALTH CARE TREATMENT FOR INSURANCE, AND \$7 BILLION SPENT TOWARDS CRIMINAL JUSTICE COSTS.³

“WORKPLACE SUBSTANCE MISUSE PREVENTION COULD PREVENT \$78 BILLION DOLLARS IN COSTS.”

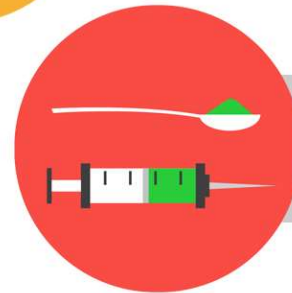
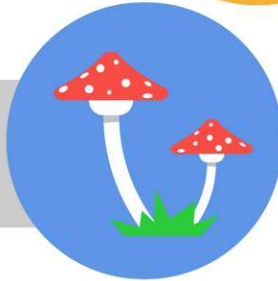
SUBSTANCE MISUSE FACTS

59 MILLION ADULTS STATE BINGING ALCOHOL (5 DRINKS/OCCASION) MONTHLY, 17 MILLION REPORT HEAVY USE (5 DRINKS DAILY).⁵



70% OF THE GLOBAL BURDEN OF DISEASE CAUSED BY DRUG USE IS ATTRIBUTED TO OPIOID USE. PREVENTION AND AWARENESS IS THE STRONGEST DEFENSE.⁴

REASONS FOR NOT RECEIVING TREATMENT INCLUDES: NO HEALTH CARE COVERAGE (37.3%), NOT READY TO STOP (24.5%), AND DID NOT KNOW WHERE TO GO FOR TREATMENT (9%).⁵



12 MILLION PEOPLE INJECT DRUGS, 1.6 MILLION ARE LIVING WITH HIV AND 6.1 ARE LIVING WITH HEPATITIS C⁴

ALL RESEARCH PUBLISHED HAS BEEN DONE ON 5% THC LEVELS, WHILE CANNIBIS SOLD RECREATIONALLY RANGES FROM 18% - 45% THC LEVELS.



HOW TO FIND TREATMENT?

HERE ARE THE STEPS TO TAKE TO GET ON THE ROAD TO RECOVERY. IT SHOULD BE NOTED EACH PERSON MAY HAVE A DIFFERENT PIECE THAT WORKS BEST FOR THEM, BUT EACH STEP IS IMPORTANT FOR EVERY PERSON TO EXPLORE.

01

02

03

MAKING A COMMITMENT TO CHANGE IS THE MOST IMPORTANT STEP. COUNSELORS AND DOCTORS CAN HELP, BUT ONLY YOU CAN MAKE THE LASTING CHANGES.

USE YOUR INSURANCE TO FIND APPROPRIATE REFERRALS FOR TREATMENT. IF YOU DO NOT HAVE INSURANCE, THERE MAY STILL BE OPTIONS.

TO FIND SELF-HELP GROUPS IN YOUR AREA LIKE ALCOHOLICS ANONYMOUS, USE THIS LINK: [HTTPS://FINDTREATMENT.SAMHSA.GOV](https://findtreatment.samhsa.gov)

¹ [HTTP://WWW.OPIOIDPREVENTIONATWORK.ORG/EDUCATE.HTML](http://www.opioidpreventionatwork.org/educate.html)

² [HTTPS://WWW.DRUGABUSE.GOV/PUBLICATIONS/DRUGS-BRAINS-BEHAVIOR-SCIENCE-ADDICTION/DRUG-ABUSE-ADDICTION](https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/drug-abuse-addiction)

³ [HTTPS://WWW.NCBI.NLM.NIH.GOV/PMC/ARTICLES/PMC5975355](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5975355)

⁴ [HTTP://WWW.UNODC.ORG/WDR2017/FIELD/BOOKLET_1_EXSUM.PDF](http://www.unodc.org/wdr2017/field/booklet_1_exsum.pdf)

⁵ [HTTPS://WWW.SAMHSA.GOV/DATA/NODE/57257](https://www.samhsa.gov/data/node/57257)